

THE FOOD SHACK TERM1 MENU 2019

RECESS SNACKS and COUNTER SALES

Rice Crackers (GF)	\$0.50
Cheese and Crackers	\$1.00
Pikelet/Mini muffin/Cupcake/Anzac/Gingerbread	\$0.50
Apple Slinky	\$1.00
Seasonal Fresh Fruit Salad (GF)	\$1.50
Cheesy (melted cheese on half bun)	\$1.00
Rice Ball	\$0.50
Yogo Chocolate	\$1.00
Popcorn	\$0.50
Vegie Sticks (GF)	\$1.00
Mini Yoghurt Cup 100gms Vanilla (GF)	\$1.00
Banana Bread/ Chocolate Cupcake/Brownie	\$1.00

COUNTER SALES (Lunch Only)

Quelch Icy Poles 99% Fruit Juice	\$1.00
Half Icy Pole	\$0.50
Paddle Pop Rainbow	\$2.00
Moosie	\$2.00
Vanilla Ice Cream Tub	\$2.00
Lucky Dip Icy Pole	\$0.60

DRINKS

Bottled Water	\$1.00
Milk Cup	\$1.00
100% Juice 250ml Apple/Tropical/ABC	\$1.50
Chocolate Milk	\$2.00
Hot/Cold Milo	\$1.50

LUNCH ITEMS

SANDWICH ROLLS WRAPS or TOASTIES

Made to order on Wholemeal

Salad (lettuce,tomato,carrot,cucumber)	\$2.50
Add Chicken,Ham,Tuna,Cheese,Egg	\$1.00
Avocado/Beetroot/Vegemite	\$0.50
Egg Mayonnaise & Salad	\$3.50
Cheese	\$2.50
Vegemite	\$2.00
Baked Bean & Spaghetti Toastie	\$2.50

Gluten Free Toasted Bread \$0.50

HOT FOOD

Macaroni Cheese (HM)	\$4.00
Pizza: Ham+Pineapple,Cheese+Ham,Cheese,BBQ Chick	\$4.00
Hot Chicken Mayo Roll	\$4.00
Sausage Roll	\$3.00
Meat Pie	\$4.00
Party Pie	\$1.20
Baked Potato with Cheese	\$3.00
Add Corn,Beans,Chicken,Tuna,Ham	\$1.00
Tomato Sauce sachet	\$0.30

SALADS

Salad Box (GF) Lettuce,Carrot,Tomato,Cucumber	\$4.00
Add Beetroot, Avocado, Pineapple	\$0.50
Chicken,Ham,Cheese,Tuna,Egg	\$1.00

Picnic Box:	
Half Cheese+Ham Sandwich, Rice Ball	
Cheese+Crackers, Seasonal veggie sticks	\$4.50

DAILY SPECIALS

WEDNESDAY

Penne Bolognese (HM)	\$4.50
Gluten Free option	\$5.00

THURSDAY

Nachos (GF) (HM) sauce with cheese	\$4.00
Add Chicken	\$0.50
Add Avocado	\$0.50

FRIDAY

Chicken Dippers (4) and Wedges (HM)	\$4.50
Gluten Free option	\$5.00
Extra Dippers each	\$0.50

(HM) Homemade
(GF) Gluten Free

OPEN WEDNESDAY, THURSDAY, FRIDAY

8.30AM-1.30PM

PTO FOR ORDER INSTRUCTIONS

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The Food Shack operates within the *Traffic Light Food Policy* and we endeavour to improve choice and food quality wherever possible. Your feedback on menu offerings is always welcome.

ORDERING

Online ordering is available and is preferable. The cut off for online orders is 9am.

Lunches **must** be pre-ordered; we recommend you also pre-order recess as some items are limited.

For manual orders please write clearly on a paper bag or envelope the student name, classroom number, order, correct money and place in the canteen basket in each room by 8.40am.

VOLUNTEERS NEEDED

The canteen can only operate successfully with the support of volunteers. We are always looking for new volunteers. It's a busy and fun environment, no experience is necessary as on the job training is provided. You won't be thrown in at the deep end! Even an hour or two can make a difference. If you are interested you can either contact your parent liaison, email lgpscanteen@gmail.com or pop into the canteen and sign up in person 😊



<https://quickcliq.com.au/>

Here's how you get started online:

1. Go to the website and click on sign up in the top left hand corner, here you can register as a user - remember your login and password.
2. Once you are registered you can log in and add your child or children by clicking on the '**Add Student**' tab displayed on the far right corner of the page.
3. Be sure to fill out all your child's details especially classroom and year then click '**Next**'
4. Click the '**Add Credit**' tab to add credit to your account. Use direct debit for free. Credit card can be used with a 2.2% surcharge.
5. Place an order by clicking the '**Order**' button.
6. Follow four simple steps to order a meal for your child.
 - STEP 1- Select child
 - STEP 2- Select date
 - STEP 3- Select your meal items and then click '**Add to Order**' button.
 - STEP 4- Confirm the order or if you have more than one child, click '**Confirm and Order**' button.

Once you have placed the order please confirm your order in '**Active Orders**', you will also receive a confirmation email from QuickCliq
If you have any issues, please email QuickCliq at info@quickcliq.com.au or call 1300 116 637.