



LAKE GWELUP PRIMARY SCHOOL

INTEGRITY & EXCELLENCE

TERM 4 | MENU | FOOD SHACK

RECESS SNACKS and COUNTER SALES

Rice Crackers (GF)	\$0.50
Cheese and Crackers	\$1.00
Pikelet/Mini muffin/Anzac/Gingerbread	\$0.50
Cupcake/Muffin/Brownie	\$1.00
Apple Slinky	\$1.00
Cheesy (melted cheese on half bun)	\$1.00
Rice Ball	\$0.50
Yogo Chocolate	\$1.00
Popcorn	\$0.50
Mini Yoghurt Cup 100gms Vanilla (GF)	\$1.00

COUNTER SALES (Lunch Only)

Quench Icy Poles 99% Fruit Juice	\$1.00
Half Icy Pole	\$0.50
Paddle Pop Rainbow/Choc	\$2.00
Moosie	\$2.00
Vanilla Ice Cream Tub	\$2.00
Lucky Dip Icy Pole	\$0.60

DRINKS

Bottled Water	\$1.00
Milk Cup	\$1.00
100% Juice 250ml Apple/Tropical/ABC	\$1.50
Chocolate Milk	\$2.00
Hot/Cold Milo	\$1.50

SANDWICH | ROLLS | WRAPS | TOASTIES

Made to order on Wholemeal

Salad (lettuce, tomato, carrot, cucumber)	\$2.50
Add Chicken, Ham, Tuna, Cheese, Egg	\$1.00
Avocado/Beetroot/Vegemite	\$0.50
Egg Mayonnaise & Salad	\$3.50
Cheese	\$2.50
Vegemite	\$2.00
Baked Bean & Spaghetti Toastie	\$2.50

Gluten Free Toasted Bread \$0.50

HOT FOOD

Macaroni Cheese (HM)	\$4.00
Pizza:	
Ham+Pineapple, Cheese+Ham, Cheese, BBQ Chick	\$4.00
Hot Chicken Mayo Roll	\$4.00
Sausage Roll	\$3.00
Meat Pie	\$4.00
Party Pie	\$1.20
Baked Potato with Cheese	\$3.00
Add Corn, Beans, Chicken, Tuna, Ham	\$1.00
Chicken & Sweetcorn Soup & Crusty Garlic Bread Fingers	\$3.00
Tomato Sauce sachet	\$0.30



DAILY SPECIALS

WEDNESDAY

Cheese Burger Brioche Roll
(Lettuce/Tomato optional) \$4.50

THURSDAY

Taco with Sauce, Cheese & Salad
optional sour cream) \$4.50
(GF) (HM)

FRIDAY

Sushi **MUST BE ORDERED by
THURSDAY LUNCH TIME**
Tuna/Chicken/Vege \$4.50

(HM) = Homemade

(GF) = Gluten Free

Open 8.30-1.30pm

WEDNESDAY | THURSDAY | FRIDAY

Online Ordering : www.quickcliq.com.au

*Please note Cut off for ordering is 9am



The Food Shack operates within the *Traffic Light Food Policy* and we endeavour to improve choice and food quality wherever possible.